

# **MATERIALS:**

7/8 yard FABRIC A, for placemat fronts

1 yard FABRIC B, for geese bodies, accent strips, binding

1-1/8 yards FABRIC C, for geese backgrounds, backing 1 yard ByAnnie's Soft and Stable

Suggested fabric combinations, but use what you prefer

FABRIC A: Featured fabric for placemat body	FABRIC B: Blenders for geese bodies, accent strips, and binding	FABRIC C: Blenders for geese backgrounds and placemat backing
Winter	Blender Green	Blender Blue
Flowers	Blender Sage	Blender Aqua
Summer Blue	Blender Red	Blender Blue
Leaves	Blender Brown	Blender Orange
Words	Blender Red	Blender Blue
Holly Black	Blender Red	Blender Green

READ THROUGH ALL INSTRUCTIONS
BEFORE BEGINNING. SEW PIECES RIGHT
SIDES TOGETHER (RST) AND USE A 1/4" SEAM
ALLOWANCE THROUGHOUT. WOF = WIDTH
OF FABRIC; WS = WRONG SIDE OF FABRIC;
RST = RIGHT SIDES TOGETHER

# **CUTTING INSTRUCTIONS:**

#### From Fabric A:

Cut [2]  $-2-1/2" \times WOF$  strips

Subcut [4]  $-2-1/2" \times 13-1/2"$  rectangles

Cut [2]  $-12'' \times WOF$  strips

Subcut [4]  $-12'' \times 13-1/2''$  rectangles

#### From Fabric B:

Cut [3]  $- 3/4" \times WOF$  strips

Subcut [8]  $-3/4" \times 13-1/2"$  rectangles

Cut  $\lceil 1 \rceil - 5 - 1/2'' \times WOF$  strip

Subcut [6] - 5-1/2" squares

Cut [6]  $-2-1/4" \times$  WOF strips (or enough bias strips to make 215" of bias binding). Sew all strips together end to end.

#### From Fabric C:

Cut [2]  $-3" \times WOF$  strips

Subcut [24] - 3" squares

Cut [2] - 15"  $\times$  WOF strips

Subcut [4]  $-15" \times 21"$  rectangles

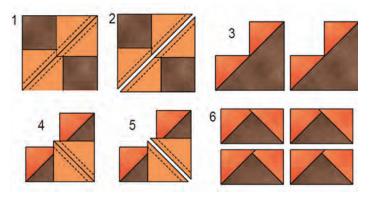
Cut [1]  $-1" \times WOF$  strip

Subcut [8]  $-1'' \times 4-1/2''$  rectangles

You will need about 255" of bias (or straight grain) binding using FABRIC B to bind [4] placemats.

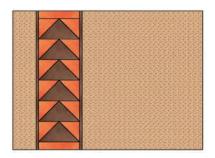
# **ASSEMBLY:**

To make flying geese units using the "No Waste" method



- Draw a solid diagonal line from corner to corner on the wrong side of each of the FABRIC C 3" squares.
- 2. Lay [2] of the 3" squares on top of [1] of the FABRIC B 5-1/2" squares as shown, with RST. Sew 1/4" away from EACH SIDE of the solid drawn line. (Fig. 1)
- 3. Cut the unit apart along the solid drawn line (Fig.2). Press open to create units that look like the diagrams (Fig. 3).
- 4. Next, lay another FABRIC C 3" square across each of the units from Fig. 3. Sew 1/4" away from each side of the solid drawn line, and then cut apart on that solid line (Fig. 4 & 5).
- 5. Press each unit open. This method will yield a total of [4] Flying Geese units. Square each unit up to  $2-1/2" \times 4-1/2"$ .
- 6. For each placemat, sew 6 geese units in a column. Press seams flat. Sew a 1" × 4-1/2" rectangle of FABRIC B background fabric to the top and bottom of each flying geese column (Fig. 7).

- 7. Sew a narrow FABRIC B  $3/4" \times 13-1/2"$  piece to both sides of each flying geese unit column.
- 8. Sew the FABRIC A 2-1/2"  $\times$  13-1/2" strip to the left of the geese column.
- 9. Sew the FABRIC A  $12'' \times 13-1/2''$  along the right side of the geese unit (Fig. 8). Press well.



### **FINISHING:**

- 1. Lay the Fabric C 15"  $\times$  21" rectangle on the table with the wrong side facing up.
- 2. Layer a piece of Soft and Stable on top of the backing fabric, and then put the flying geese placemat on top with right sides facing up. The backing and Soft and Stable layer will extend beyond the outer edges of the placemat on all sides at this point.
- 3. Quilt the layers together and then trim away the excess Soft and Stable and backing.

  Apply binding around all sides to finish.



# Kristi Parker

Designer Kristi Parker has been sewing since she was nine and has dabbled in a wide variety of creative endeavors. Quilting, however, is her passion. Kristi was a Family and Consumer Science teacher at a middle school for many many years. Newly retired, she is continuing to teach at a local quilt shop and share her love of sewing with people of all ages. Kristi also loves to make costumes, puppets, and props to use when she entertains as a colorful character called "Krickey".

You can follow Kristi on Instagram @krickeycreates, or reach out via email at chickensoupdesigns@yahoo.com.